

Updated OSA Meeting Schedule as of March 17, 2020

Times have been updated to accommodate for the US clock change.

These times are good until 3/29/20.

PLEASE NOTE: The reference time for all meetings is UK time.

*** = Change / GTM = GoToMeeting**

C.A. Email meeting links & downloadable meeting directory at www.ca-online.org,
We look forward to seeing you at as many of these meetings as you wish to attend!

Both Sides of the Pond (GTM)
Monday: 8pm UK / 4pm EDT US/CAN
Meeting Code: 578551005
Skype Contact: Both Side of the Pond
(BSOTP)

Both Sides of the Pond (GTM)
Thursday: 8pm UK / 4pm EDT US/CAN
Meeting Code: 578551005
Skype Contact: Both Side of the Pond
(BSOTP)

Into Action Online (Skype)
Tuesday: 9pm UK / 5pm New York City
Skype Contact: Into Action Online

Into Action Online (Skype)
Friday: 9pm UK / 5pm EDT US/CAN
Skype Contact: Into Action Online

A Vision for You (Skype)
Tuesday: 10pm NYC
Wednesday: 2am UK /
Skype Contact: A.Vision.for.You

The 4th Dimension (Skype)
Saturday: 9am UK / 5am EDT US/CAN
Skype Contact: The 4th Dimension

Back to Basics / Step Study (GTM)
Meeting code: 685632533
Wednesday: 2pm UK / 10am EDT

'De Driehock van Herstel' (Skype)
'The Triangle of Recovery'
Dutch Language Meeting
Saturday: 6:30pm UK/2:30pm EDT
Skype Contact: De Driehock van Herstel

We Can Recover Ask it Basket
Wednesday: 8pm UK / 4pm EDT
Skype Contact: We Can Recover

We Can Recover Ask it Basket
Saturday: 8pm UK / 4pm EDT US/CAN
SkypeContact: We Can Recover

La4e.Dimension (Skype)
French Language Meeting
Wednesday: 9pm UK / 5pm EDT US/CAN
Skype Contact: La4e.Dimension

C.A. in Times of Illness (GTM)
Meeting Code: 849897589
Sunday: 8pm UK / 4pm New York City
Skype Contact: C.A. in Times of Illness

*In the spirit of the 6th Tradition, C.A. is
not allied with any sect, denomination,
politics, organization, or institution.*

Reaching Out (GTM)
Every day: 11pm UK / 7pm EDT US/CAN
Skype Contact Name: Reaching Out 121
GoToMeeting join code: 291476061

How to Join a VoIP Meeting via Skype®:

Join any of our Skype® meetings by setting up a free Skype account on your phone, tablet, or PC. Once you have a Skype account, you can send a contact request to the meeting group's announcement page (if it has one) or select the meeting name and ask to be called in at the time of the meeting.

Via GoToMeeting®:

Meetings via this platform also have announcement pages on Skype®, where you can find the meeting code and international telephone numbers to join. You DO NOT have to download the GTM software to join a meeting. You can simply log into <https://global.gotomeeting.com/join> (add meeting code)

Or, download the app, go to www.app.gotomeeting.com and the screen will ask you for the meeting code. When you first join, you'll be prompted to choose which method you'd like to use to listen to the meeting audio. Select "Computer Audio" to use your computer's mic and speakers. Select "Phone Call" to use your telephone to dial in to the audio conference. Once you're in the session, you will see your audio controls on the audio tab.

If you do not have a Big Book, it is available online and as an app for free at the links below:

http://www.aa.org/pages/en_US/alcoholics-anonymous

<https://play.google.com/store/apps/details?id=com.ibyteapps.thebigbookofaafree&hl=en>

http://www.aa.org/pages/en_US/alcoholics-anonymous

<https://play.google.com/store/apps/details?id=com.ibyteapps.thebigbookofaafree&hl=en>

We can't recommend strongly enough how important this book will be in your recovery!

